

The Power of Interlife Journeys

By Georgina Cannon

One door closes, another opens, we say that all the time in day to day life. But what about the corridor in between... The corridor in between doors in our current life can often be filled with tension, uncertainty and fear of what's next for me?

When we talk about 'the corridor' spiritually, the time between lifetimes, the picture is totally different. Instead of fear, tension and uncertainty we experience peace, joy, recognition and guidance; and most of all, unconditional love and acceptance. No wonder most clients don't want to leave that space!

Although many times clients come for their sessions with some knowledge of the process, others come to find their soul path or soul mates without knowing exactly what it is they are looking for. But whatever the reason, at least 80% follow the same path in their journey - even though they may not have read or discussed the concept of Interlife journeys before. This alone is a matter of wonder to me. How most people follow the same spiritual journey,, from 'station ' to 'station' receiving information and knowledge which will personally help them in their current life journey.

The seven key stops along the way all have something to offer. Sometimes the client will visit all stops, sometimes just two or three, but they always receive the information they are looking for. life purpose, soul name, soul purpose , relationship or karma questions. The steps include: The gateway, or entrance into the space of the interlife, the meeting of a soul group, visiting the library or akashic records, visiting a laboratory, being guided to a place of rest and healing, meeting with the council and the place of life choice, where we choose our sex, body and lifestyle for this current life.

Let's look with more detail at each potential stop along the way.- remembering that not everyone stops at all the stations - and some people have a totally different journey - but this is the most frequent pathway.

The Gateway: *The entrance to the interlife is often seen as a white circle of light, or a real gate glistening with light. There are usually one or a few beings of light waiting to greet the client. Sometimes these beings take a familiar shape like Jesus, Mother Mary or Buddha, other times it could be a beloved grandparent or friend who has passed, or just wispy light beings. Every client reports the feeling they receive is one of love and 'welcome home'. They feel an enveloping of love - a psychic hug - as one client said. Sometimes there is just one 'being' who is the person's 'guide' - either for just this journey, or through the current lifetime. This is the time that we can ask for the guide's name - and possibly - if appropriate, the client's soul name. The guide often leads the client on the rest of the Interlife journey.*

The Soul circle: *This group of souls plays an integral role in the Interlife and the overall journey of each soul. By and large, we travel in "pods" and these spirit connections travel with us from lifetime to lifetime. Not every one in every lifetimes, but those that can help us learn and*

grow each time. *These souls come into our lives at seemingly random times; in fact, these meetings are pre-arranged between us in spirit before we come here.*

The initial feeling when meeting the soul circle is an overwhelming feeling of recognition, joy and comfort. This is your soul family, and sometimes the relationship in life is less than happy or comfortable. Either way, these soul contracts are meant to help us learn and grow.

The library: *Sometimes we are taken to a place full of books or information tablets and are shown or guided to our own past lifetimes or our 'Book of Life' or Akashic Records. These are the 'higher self' views of what was and could be. These truly are the 'eagle eye view' of where we have been, the wisdom and experiences gained and the possibilities of the future. Truly profound wisdom is gained here, and is often way beyond what is expected. This is the place where questions are answered that we didn't even know to ask!*

The laboratory: *This is the place we go to when we need to learn to manage - or change the way we use our spirit energy. Many people who go to the laboratory station find that they need to learn Reiki or some other way of using the psychic energy they haven't yet switched on, or tuned in to.*

The resting or healing space: *If the soul has experienced a deeply troubling lifetime before, it needs to heal the bruises (my interpretation) and allow peace to flow through once more. Each client's view of the healing space is magical and peaceful, and many bring back this image with them into their current life, during trauma or frenetic times, so they may use it as a touchstone to re-connect with their inner peace.*

The council of elders: *This is a group of wise beings who can take on any form - who are there to answer questions, guide and affirm - all in a loving supportive way. It can be as few as three or as many as 20. Taking a human form or beings of light. The feeling is one of awe, total acceptance and support. The client's questions are answered, including that of the purpose of the next life, often in a way that is not expected, but always profound and with purposeful meaning.*

The choice of the current life: *This place often looks like a huge computer room with many screens, or as one client put it, 'a place of pictures like choosing a large piece of art'. In this space, your guide may help you, but ultimately you get to choose the lifestyle, your sex, color and type of body to use as your 'soul casing' so that you may experience your soul purpose for the coming life. Some people 'try on' two or three bodies and lifestyles, some go with the first one that comes. You find out why you choose your family/parents and how you are doing so far in your life spiritual quest.*

Not everyone goes to each station, some people go directly to the Council, others might go to the library and the place of choice - but all journeys are profound and make a difference to the choices we make today and tomorrow.

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Respectively submitted ~ Anna H. Spencer, PhD

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