



PROSPECTUS

and

SOUTH AFRICAN HYPNOTHERAPY ASSOCIATION
(SAHA)

HYPNOTHERAPY AND ETHNOPSYCHOLOGY ASSOCIATION OF SOUTH AFRICA
(HEPASA)

2019

www.translife.co.za

www.hypnotherapyassociation.co.za

P.O. Box 1519, Rooihuiskraal. Gauteng. 0154
Training Centre: Koggelaar Street, Rooihuiskraal, Centurion, Pretoria

admin@translife.co.za

Telephone Numbers

Tel: 012 661 0236
Cell: 083 266 4338

FAX: 0866279604

Office Hours:

Mon, Wed, Fri: 9am – 3pm
Office Manager: Sandra Joubert

TRANSLIFE HEALTH

WHO ARE WE?



PRINCIPAL

Dr. Trudie Bartholomew, PhD

CMA, B.Msc, M.Msc, D.Phil, D.Emed, EPP, CHt, Rev, T/Dr.

Doctor of Metaphysics, M.Msc

Doctor of Divinity,
specializing in Pastoral Counselling Psychology, D.D

Ethnomedicine Practitioner, epp

Specialist Ethnopsychology Practitioner, SP.EPP

Traditional Medical Practitioner, T/Dr

Certified Hypnotherapist IMDHA, C.Ht

Ordained Minister, Rev

Cost & Management Accountant - Financial Management, CMA

TRAINING DIRECTOR

T/Dr. Marius van der Vyver

D.Emed, EPP, T/Dr. Irid.D,

Ethnomedicine Practitioner, D.Emed

Certified Iridologist

Herbalist / Ethnobotanist

Traditional Medical Practitioner

OUR TEAM



T/Dr. Marius van der Vyver
DIRECTOR
Training:
Iridology / Personality Iridology
Herbs/Ethnobotany



Dr. Trudie Bartholomew, PhD
PRINCIPAL
Training:
Hypnosis, Ethnopsychology
African Healing Philosophy
Herbs/Ethnobotany



T/Dr. Alwyn van Wyngaarden
LECTURER
Training:
Sclerology & Signs



Sandra Joubert
LECTURER
OFFICE MANAGER
Training:
Nutrition



Peter Welgemoed, EPP
LECTURER
Training:
Influential Communication
Hypnotherapy Kzn & Abroad



Dr. Brian Greenblatt, PhD
LECTURER
Training:
Neuro Linguistic Programming



Starajan Artman, EPP
LECTURER
Training:
HIV/Aids Counselling



Rhodes Taylor-Broun, EPP
LECTURER
Training:
Abnormal Psychology

**RIP
DECEASED**



Prof. Heleen Coetzee
LECTURER DECEASED
Training:
Anatomy & Pathology Clinical



Dr. M. Bartholomew, D.Phil, T/Dr
PRINCIPAL DECEASED
Training:
Hypnosis & Nutrition



T/Dr. Seth Seroka
LECTURER DECEASED
Training:
Divination & African Healing

ETHNOMEDICINE PRACTITIONER

Register:

TRADITIONAL HEALTH PRACTITIONER

Category:

HERBALIST

MODULE 1: Category: HERBALIST : Ethnomedicine Practitioner			Study Hours			
Unit	Name of Course	Days	Class	Home & Practical	Total	Cost
101	Basic Hypnosis - Trance State Therapy	4	32	18	50	R 4,800
106	African Healing Philosophy	2	16	4	20	R 2,400
110	Nutrition & Lifestyle	4	32	30	62	R 4,800
117	Pathophysiology	6	48	32	80	R 7,200
119	Iridology	5	40	80	120	R 5,800
120	Herbs / Ethnobotany 1&2	4	32	48	80	R 4,800
121	Herbs / Ethnobotany 3&4	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 5&6	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 7&8	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 9&10	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 11&12	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 13&14	5	40	48	88	R 5,800
	TOTAL	50	400	500	900	59600

PAYMENT OPTIONS – ETHNOMEDICINE PRACTITIONERS COURSE

50 days Classroom Training

- **Full course paid in advance** at time of booking: R 59600 less 10% discount R5960 = R53640
- **Pay modules as you attend:** Units as grouped above, mostly R4800 per 4 days = R 59600
50% non-refundable deposit at time of booking a course & balance 15 days prior to commencement of course.
Courses , modules, prices and dates are subject to change & a minimum of 10 bookings.
- **Books & Registration Fees :** Payable at start of the Module
- **Recognition of prior learning :** Certified copies of relevant qualifications & ID document to be submitted before registration, for evaluation. Most students have already done Anatomy & Physiology, and will not have to repeat a subject if approved by school/EPASA committee for recognition of prior learning.
- **Short upgrade courses :** The course does not represent a qualification, but consists of short upgrade courses for registration with EPASA towards registration as Ethnomedicine Practitioner
- **EPASA registration :** EPASA will only register students who completed the full upgrade requirements; as Ethnomedicine Practitioner: applicants who studies elsewhere will qualify for Ethnomedicine Health Advisor, until completion of upgrade courses.

ETHNOPSYCHOLOGY PRACTITIONER

Register:

TRADITIONAL HEALTH PRACTITIONER

Category:

DIVINATION

MODULE 1: Category: HERBALIST : Ethnopsychology Practitioner			Study Hours			
Unit	Name of Course	Days	Class	Home & Practical	Total	Cost
101	Basic Hypnosis - Trance State Therapy	4	32	18	50	R 4,800
102	Advanced Hypnosis	4	32	18	50	R 4,800
103	Analytical Trance State Therapy	4	32	18	50	R 4,800
104	Hypnoanalysis	4	32	30	62	R 4,800
119	Iridology	5	40	80	120	R 5,800
120	Herbs / Ethnobotany 1&2	4	32	48	80	R 4,800
121	Herbs / Ethnobotany 3&4	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 5&6	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 7&8	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 9&10	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 11&12	4	32	48	80	R 4,800
122	Herbs / Ethnobotany 13&14	5	40	48	88	R 5,800
TOTAL		50	400	500	900	R 59,600

PAYMENT OPTIONS – IMDHA HYPNOTHERAPY CERTIFICATION COURSE

50 days Classroom Training

- **Full course paid in advance** at time of booking: R 59600 less 10% discount R5960 = R53640
- **Pay modules as you attend:** Units as grouped above, mostly R4800 per 4 days = R 59600
50% non-refundable deposit at time of booking a course & balance 15 days prior to commencement of course. Courses , modules, prices and dates are subject to change & a minimum of 10 bookings.
- **Books & Registration Fees :** Payable at start of the Module
- **Recognition of prior learning :** Certified copies of relevant qualifications & ID document to be submitted before registration, for evaluation. Most students have already done Anatomy & Physiology, and will not have to repeat a subject if approved by school/EPASA committee for recognition of prior learning.
- **Short upgrade courses :** The course does not represent a qualification, but consists of short upgrade courses for registration with EPASA towards registration as Ethnopsychology Practitioner
- **EPASA registration :** EPASA will only register students who completed the full upgrade requirements; as Ethnopsychology Practitioner: applicants who studies elsewhere will qualify for Ethnomedicine Health Advisor, until completion of upgrade course. It also applies to IMDHA certified Hypnotherapists. HEPASA (Hypnotherapy & Ethnopsychology Association of South Africa), is aligned under EPASA, and annual membership fee/ listing fee on www.hypnotherapyvassociation.co.za is payable to EPASA

CERTIFIED HYPNOTHERAPIST

Register:

Part studies towards

ETHNOPSYCHOLOGY PRACTITIONER

Category:

DIVINATION

HYPNOTHERAPY



INTERNATIONAL MEDICAL & DENTAL HYPNOTHERAPY ASSOCIATION

CERTIFIED HYPNOTHERAPIST ETHNOPSYCHOLOGY						
Unit	Name of Course	Days	Class	Home & Practical	Total	Cost
101	Basic Hypnosis - Trance State Therapy	4	32	18	50	R 4,800
102	Advanced Hypnosis	4	32	18	50	R 4,800
103	Analytical Trance State Therapy	4	32	18	50	R 4,800
104	Hypnoanalysis	4	32	30	62	R 4,800
	Any four days from CPD modules below	4	32	16	48	R 4,800
	Total IMDHA Certification Modules	20	160	100	260	R 24,000
	IMDHA Exam & Registration Fee \$169		R 2,300			R 2,300
	Hypnotherapy & Ethnopsychology Association		R 300			R 300
	Required Reading :					
	Hypnotherapy - Dave Elman	Unit 101				R 480
	Power of your Subconscious Mind - Murphy	Unit 102				R 180
	Mind-Probe Hypnosis - Mutke	Unit 103				R 180
	Other Worlds - Torkom Saraydarian	Unit 104				R 280
	Script Book - Translife	Unit 104				R 280
	** Prices subject to change					
	Other Requirements:					
	Tests, Assignments, Home Study & Exam					
	10 Case Studies					
	Hypnoanalysis final practical assignment					
	50 Hours Mentoring in class - repeat days					
	TOTAL:	20 days	160	100	260	R 28,000

SPECIALTY CERTIFICATION COURSES BELOW : (OPTIONAL)						
		Days	Hours	Hours		Price
Unit	Course:	Class	Class	Home Study	Total	
105	Ethnopsychology	4	32	28	60	R 4,800
106	African Healing Philosophy	2	16	4	20	R 2,400
107	Life Coaching 1	2	16	14	30	R 2,400
108	Hypnoanesthesia & Pain Management	2	16	4	20	R 2,400
110	Nutrition & Lifestyle	4	32	30	62	R 4,800
109	Advanced Soul & Past Life Regression	2	16	0	16	R 2,400
110	Divination & Higher Consciousness	4	32	18	50	R 4,800
121	HIV/Aids Counselling	2	16	0	16	R 2,400
123	Trauma Support & Counselling	2	16	0	16	R 2,400
IMDHA CERTIFICATION REGISTRATION COSTS						
\$169	IMDHA Certification exam & registration					
\$109	Annual Renewal Fee on anniversary date					
CPD Points	Continued Professional Development p.a.	30 hrs				

PAYMENT OPTIONS – IMDHA HYPNOTHERAPY CERTIFICATION COURSE

20 days Classroom Training

- **Full course paid in advance** at time of booking: R 28000 less 10% discount R2800 = R25200
- **Pay modules as you attend:** Units as grouped above, mostly R4800 per 4 days = R 28000
50% non-refundable deposit at time of booking a course & balance 15 days prior to commencement of course. Courses , modules, prices and dates are subject to change & a minimum of 10 bookings.
- **Books & Registration Fees :** Payable at start of the Module
- **Recognition of prior learning :** Certified copies of relevant qualifications & ID document to be submitted before registration, for evaluation. Students who have already done the IMDHA Hypnotherapy Certification course, will not have to repeat a subject if approved by school/EPASA committee for recognition of prior learning.
- **Short upgrade courses :** The course does not represent a qualification, but consists of short upgrade courses for registration with EPASA towards registration as Ethnopsychology Practitioner
- **EPASA registration :** EPASA will only register students who completed the full upgrade requirements as Ethnopsychology Practitioner: applicants who studies elsewhere will qualify for Ethnomedicine Health Advisor, until completion of upgrade course. It also applies to IMDHA certified Hypnotherapists. HEPASA (Hypnotherapy & Ethnopsychology Association of South Africa), is aligned under EPASA, and annual membership fee/ listing fee on www.hypnotherapyassociation.co.za is payable to EPASA
- **Specialty Certification Courses IMDHA :** Course fee payable to Translife plus \$50 to IMDHA

CERTIFIED LIFE COACH

Register:

Part studies towards

ETHNOPSYCHOLOGY PRACTITIONER

Category:

DIVINATION

CERTIFIED LIFE COACH							
		Days	Hours	Hours	Hours		
Unit	Course: Module 1	Class	Class	Home Study	Practical	Total	Price
Unit 101	Basic Hypnosis	4	32	30	18	80	R 4,800
Unit 102	Advanced Hypnosis	4	32	30	18	80	R 4,800
Unit 107a	Life Coaching 1	2	16	10	14	40	R 2,400
Unit 107b	Life Coaching 1 - Clinical	2	16	10	14	40	R 2,400
	Total IHLCA Certification Modules	12	96	80	64	240	R 14,400
	IHLCA Exam & Registration Fee	R 300					R 360
	South African Hypnotherapy Association	R 300					R 300
	Required Reading :						
	Hypnotherapy - Dave Elman	Unit 101					R 480
	Life Coaching Book	Unit 102					R 180
	Mind-Probe Hypnosis - Mutke	Unit 103					R 180
	** Prices subject to change						
	Other Requirements:						
	Tests, Assignments, Home Study & Exam						
	10 Case Studies						
	Life Coaching final practical assignment						
	TOTAL:	12 days	96	80	64	240	R 15,900

PAYMENT OPTIONS – LIFE COACHING COURSE

20 days Classroom Training

- **Full course paid in advance** at time of booking: R 15900 less 10% discount R1590 = R14310
- **Pay modules as you attend:** Units as grouped above, mostly R4800 per 4 days = R 15900
50% non-refundable deposit at time of booking a course & balance 15 days prior to commencement of course. Courses , modules, prices and dates are subject to change & a minimum of 10 bookings.
- **Books & Registration Fees :** Payable at start of the Module
- **Recognition of prior learning :** Certified copies of relevant qualifications & ID document to be submitted before registration, for evaluation. Students who have already done courses elsewhere, will be subject to approval by school/EPASA committee for recognition of prior learning.
- **Short upgrade courses :** The course does not represent a qualification, but consists of short upgrade courses for registration with EPASA towards registration as Ethnopsychology Practitioner
- **EPASA registration :** EPASA will only register students who completed the full upgrade requirements as Ethnopsychology Practitioner: applicants who studies elsewhere will qualify for Ethnomedicine Health Advisor, until completion of upgrade course. It also applies to IMDHA certified Hypnotherapists. HEPASA (Hypnotherapy & Ethnopsychology Association of South Africa), is aligned under EPASA, and annual membership fee/ listing fee on www.hypnotherapyassociation.co.za is payable to EPASA

COURSE DETAILS

Course Structure and Content

The course is structured cumulatively - with the content of one module building on that of the previous one.

Unit 101: Basic Hypnosis

Duration: 4 consecutive days - classroom

- | |
|--|
| ▪ Introduction to quantum physics |
| ▪ Short history of hypnosis |
| ▪ The subconscious mind relative to hypnosis |
| ▪ Somnambulism |
| ▪ Psychology of suggestion |
| ▪ Emotions |
| ▪ Basic hypnotic inductions – techniques |
| ▪ Instant inductions |
| ▪ Self-Hypnosis |
| ▪ Student classroom practical |
| ▪ Test |
| ▪ Home assignment, including text book reading & practical |

Unit 102: Advanced Hypnosis

Duration: 4 consecutive days - classroom

- | |
|--|
| ▪ Smoking cessation |
| ▪ Weight reduction |
| ▪ Group hypnosis |
| ▪ Student practical (regression) |
| ▪ Sports uses |
| ▪ Neuro Linguistic Programming: hypnosis application |
| ▪ Fears and phobias |
| ▪ African Traditional Healing Terminology |
| ▪ Hypnoanesthesia and pain management introduction |
| ▪ Student classroom practical |
| ▪ Test |
| ▪ Home assignment, including text book reading & practical |

Unit 103 Hypnoanalysis 1

Duration: 4 consecutive days - classroom

- | |
|---|
| ▪ 7 R's of Trance State Therapy & Hypnotherapy |
| ▪ Comprehensive intake form |
| ▪ Word association test |
| ▪ Regression to cause |
| ▪ Introduction to Parts therapy |
| ▪ Soul / Past life regression pertaining to WAT Test |
| ▪ Soul attachment, contracts & vows |
| ▪ Student classroom practical |
| ▪ Test & Home assignment, including text book reading & practical |

Unit 104: Hypnoanalysis 2

Duration: 4 consecutive days - classroom

- African philosophy and principles of healing (introduction)
- Dream analysis
- Metaphysics, Ancient Wisdom and Intuition
- Analysis of Intake Form & Word Association Test
- Regression to ISE'S as per Word Association Test
- Student practical
- Test
- 10 Case studies
- Home assignment, including text book reading & practical

Unit 105: Ethnopsychology

Duration: 4 consecutive days - classroom

- African philosophy and principles of healing
- African Worldview
- Bridging of Western Psychology & African Traditional Healing
- A Calling to become a Healer
- Metaphysical disorders
- Specific African Traditional Psychological Issues
- Understanding realms of the spirit world
- The reality of Muti, Curses & Tokoloshes
- Dream analysis and the use of Psychoactive plants
- Introduction to Divination
- Student practical & Test
- 10 Case studies
- Home assignment, including text book reading & practical

Unit 106: African Philosophy of Healing

Duration: 2 consecutive days - classroom

- Introduction to African Traditional Medicine, Ethnomedicine, Ethnopsychology
- African Philosophy of Healing
- Holistic Conception of Life and African Worldviews
- Philosophy of Ritual in African Culture
- The Role of Ancestors
- Myths, Truths and misconceptions of the Ancestral role
- Demonstration of Divining methods and bones analysis.
- Demonstration of Traditional Hers Counselling methods.
- Reflection, suggestions and natural connection with soul.
- Student practical
- Home assignment and test

Unit 107: Life Coaching 1 - Holistic

Duration: 2 consecutive days - classroom

- Introduction to Life Coaching
- What Life Coaching is and why it is necessary.
- Categories and Components of Life Coaching
- Self-Hypnosis and Applied Meditation

- Imagination and Intuition
- Action Packs 1-3, dealing with various aspects of coaching
- Client policies and procedures
- Life Coaching Agreement
- Intake Form
- Holistic Life Categories, Visions, Career
- Setting and actioning Goals, Budgets
- Student practical
- Home assignment
- For Life Coaching certification, an additional two days Clinical Life Coaching training is required.

Unit 108: Hypnoanesthesia & Pain Management

Duration: 2 consecutive days - classroom

- Formulation of Therapeutic Suggestions
- Hypnotic Anaesthesia Principles
- Glove Anaesthesia
- Hypnoanesthesia for Children
- Catalepsy: Arm & Full Body
- Esdaile (hypnotic coma) state
- Hypnotic Natural Childbirth & setting up a clinic for Painless Birth
- Methods for pain control using hypnosis
- Pre-operative & Post-operative care
- Journey-techniques: a person's consciousness travels to the part of the body where the cause of the physical discomfort or problem started
- Finding the ISE (cause of the pain or discomfort) and eliminating the cause Student practical
- Test

Unit 109 Advanced Soul/Past Life Regression

Duration: 2 consecutive days - classroom

- Ancient Wisdom teachings regarding the Soul, Spirit and Human Soul
- Contracts, Vows and Soul Agreements
- What is Soul Life Regression?
- Formation of our Solar System and our place in it.
- The role of Devas/Angels on our path in this life
- Involution and Evolution, planes of existence and group souls
- Finding your purpose for this life.
- Discover your soul-qualities & who you are as a soul
- Life between Lives
- Karma (law of Cause and Effect)
- Visit the Akashic Records
- Student practical
- Test

Unit 110 Divination and Higher Consciousness

Duration: 4 consecutive days - classroom

- Introduction to Divination
- Purpose of developing Higher levels of Consciousness
- Methods of Divination
- Demonstration of Divining Methods

- Recognising a Calling
- Dangers of Lower Psychism
- Angels, Devas, Guides and Ancestors
- Counselling Skills in Divination
- Divining Tools
- Meditation methods and the purpose of meditation
- Student practical
- Test

Unit 115: Nutrition and Lifestyle

Duration: 4 days – two weekends - classroom

Day 1 – Basic Nutrition

- Introduction to nutrition and living a healthy lifestyle
- Basic nutrition and balance
- Functions of the essential nutrients: Protein, carbohydrates, fats, vitamins, minerals, water
- Healthy eating guidelines
- Building blocks for calculating what you need – Macros, Calories
- Eating organic whole foods
- The effects your preservatives and additives on the body
- Food pyramids and the eating well plate – incl. Vegan, Vegetarian
- Nutrition and the influence on your lifestyle & vice versa
- The key to finding the balance and structuring for consistency
- The digestion system – incl. Bowels, Kidneys, Lungs/Bronchioles, Lymphatic Systems & Skin Nutrition
- Leaky gut syndrome & Candida
- Food allergies & intolerances
- Your body's PH balance - Acidity & Alkalinity
- Diabetes, Cancers, Auto-immune disease, Cholesterol, Metabolic Syndrome
- Body Composition: Metabolic types, Body types and Body shape
- Being vegan & vegetarian
- Detoxification & Food Combining
- Diet types
- Effects of dairy, gluten & sugar on your health
- Carb cycling – When and how to eat carbs
- Intermittent fasting
- Principals of wellness
- Wellness assessment form
- Where to start when making changes
- How to set up an action plan
- Do we need to exercise?
- How to get your mind right
- Meditation, mindfulness and sleep
- Effects of stress on the body
- It all comes down to Hering's Law of Cure
- Student practical
- Test
- Home assignment

Unit 116,120-125: Ethnobotany Course 1-14

Duration: 29 days – classroom – 14 weekends

- Introduction and History of Ethnobotany, Traditional Medicine and Herbal Medicines
- What is an herb & the difference between drugs & herbs
- Plant Parts Used
- Edible and Poisonous plants and insects
- Making a compost heap
- Methods of Collection, Storage and Drying of Medicinal Plants
- Discussing & practically identifying various Indigenous and Western herbs
- Types of Herbal Remedies: Tinctures, Capsules, Creams, Salves, Powders
- Dosage and Formulation Criteria
- Class Practical: Herbal Tincture Preparations, making of Capsules and Creams
- Students to compile a patient information file on various disorders and herbs applicable for treatment
- Student Practical: Herbal Formulations for various disorders.
- Sign & Symptoms of disease & of disease & Ethno diagnostic methods (Facial, Nails, Skin, Tongue)
- Pathophysiology – The various body systems
- Field trips for practical experience.
- The course is offered over weekends, with loads of homework, research and practical.
- At the end of the course, students will have a full practice file compiled for patient info.
- Home assignments and practical.

Unit 119: Iridology

Duration: 5 days - classroom

The aim of the course is to give the student an understanding of the science of Personality Iridology to be able to do an evaluation of the Iris, learn about different personality types, how it affects our lives, health, emotions and relationships. The course is practical, and students will be equipped to make a proper diagnosis, as well as learn how to do lifestyle changes to restore health.

The student will be empowered and advised regarding easy to operate equipment and a camera, which could also be bought from the lecturer.

Iridology should not be complicated! We teach practical, hands-on techniques, without the difficult terminology !

- History of Iridology
- Areas and zones in the iris
- Markings in the eye: Genetic weaknesses, scar tissue, acidity, serotonin levels, candida and more signs
- Lifestyle changes to correct issues
- Personality types and specific problems of each
- Timeline – showing traumas at different ages since conception to current age, and also future projection.
- Emotional Iridology
- Photos are taken of student eye and analysed on screen in class
- Case studies in the form of high resolution iris photos in class
- Student Practical
- Assignment: Students prepare case studies, and present to class at next course
- Pass rate for practical exam is 90% * Maximum 8 (eight) students per course
- Students are well equipped to start practicing Iridology after completion of course
- This unique course is offered only at Translife, as the concept was personally developed by Lecturer, who has seventeen years practical & training experience in this specialized field of Iris analysis!

Graduation

Optional:

Registration with the:

EPASA: www.epasa.co.za

Ethnomedicine Practitioners Association of South Africa

IMDHA Hypnotherapy Certification: www.imdha.com

International Medical & Dental Hypnotherapy Association

HEPASA: www.hypnotherapyassociation.co.za

Hypnotherapy and Ethnopsychology Association of South Africa

Course Start Date, Duration and Schedule

The starting date is determined per group / request / circumstances.

The Course is presented over a period of **six months** –classroom sessions, assignments, home reading, practical and case studies.

Multiple choice tests after each unit. IMDHA exam after completion units 101-104.

A certification ceremony after successful completion of course

The Course Materials to be provided by Translife

One study guide (work book) per Unit per participant; including notes where relevant.

Required and Suggested reading: optional additional text books available for students to purchase.

Registration with relevant Traditional Healers Association in terms of the

Traditional Health Practitioners Act 2007 (Act 22, 2007)

NQF Standard

Level 5

Credits

50 credits

Minimum Admission Requirements for Participants

Senior certificate

Over 18 Years of age

or of mature age 25 years and older

Maximum Number of Participants

14 Maximum participants per course – Minimum 10 participants

Iridology course: Maximum 8 students

Proposed Lecturing Venue

Depending on the group – conference centres - not necessarily at the Translife campus :

Translife Campus:

7, Koggelaar Street, Rooihuiskraal, Centurion. 0154. Gaugeng.

Students seen by appointment only.

OUR TRAINING INSTITUTE

Translife Centre



Translife Centre was started by Drs. Mervyn & Trudie Bartholomew, PhD, T/Dr, training Hypnotherapy in 2002, and registered as a training institute with the IMDHA (International Medical & Dental Hypnotherapy Association: USA) in 2003. The training centre has gained international respect for the quality of training and professionalism, which led to the award of 'Educator of the Year' by the IMDHA in 2006. This award is a great honour, as the IMDHA had over 57 registered schools and 7000 members worldwide at the time. Mervyn was invited to train our Life Coaching module in Detroit, USA during the time of the 2006 IMDHA Conference. Unfortunately he passed away in 2016, but the school will remain successful due to his positive and professional influence over the years.

In 2004, we formed the International Holistic Life Coaching Association, the South African Hypnotherapy Association (SAHA), and the Hypnotherapy and Ethnopsychology Association of South Africa (HEPASA), which were aligned under EPASA (Ethnomedicine Practitioners Association of South Africa) in 2006. We were both Traditional Herbalists since 2001, registered with the Western Cape Traditional Healers Association, as Traditional Medical Practitioners, as well as diviners registered with TRAMSO (Traditional Medicine Systems Organization). It was a natural flow of events to ease into training of Trance State Therapy, Ethnomedicine, Traditional Healing and naturally Ethnopsychology, Herbs & Ethnobotany and all aspects of divining, divinity and practical application of Metaphysics. Years of studying Ancient Wisdom, is demonstrated in the practical application of Metaphysics and Soul therapy throughout our training.

Recently we were led to embrace the Traditional Medicine Association (TMA) which is open to all categories and professional levels of traditional healers. This association fosters a modern/academic approach, giving all members the opportunity for further education. Many have found that with further education their proficiency is improved and so service delivery to the patient is optimized. Translife Centre is the faculty that offers short upgrade course for registration with the Traditional Medicine Association (TMA) and the Ethnomedicine Practitioners Association of South Africa (EPASA). Although the school is in the process of registration with the Interim Traditional Health Practitioners Council, we do not yet offer a SAQA qualification. This final step will take place once the Traditional Healers Council opens for registration.

Training and registration is done in accordance with the:
Traditional Health Practitioners Act, 2007 (Act 22, 2007)

Students who wish to study for registration with the IMDHA (International Medical & Dental Hypnotherapy Association: USA), may complete the required 20 days training in order to qualify to write the IMDHA exam for 'Certified Hypnotherapist', and use the hours for recognition of prior learning to apply to further studies in Ethnopsychology. The course compares with the highest standards in the world. In 2003 the IMDHA required 120 classroom hours, which has now been increased to 220 hours plus home study.

Students who wish to be registered with the Australian Hypnotherapy Association will require 500 hours training plus 500 hours practical hypnotherapy work. Our school forms part of the South African Hypnotist Examiners Board; at this stage Australian Accreditation is available through a recognition of prior learning process.

WHAT MAKES OUR TRAINING DIFFERENT? ETHNOPSYCHOLOGY MODULES

After a lifetime of studying all aspects of ancient wisdom, theosophy, metaphysics, hypnotherapy and related subjects, it is possible for us to combine principles of higher metaphysical teachings with modern trance state therapies, to bring about a deeper knowledge of states of consciousness of the many various cultures in Africa and particular South Africa. Students from other Africa countries treasure the knowledge obtained from our training, as it is possible to apply it in practice, helping people in both rural and developed areas.

We are blessed to have had the opportunity to work with many South Africans who spent years in exile as well as local African cultures. Our trained practitioners can thus deal with all aspects of typical problems experienced by the changed circumstances in our country and help the modern African person in a way that he uniquely appreciates and understands. Traditional Psychology, also called Ethnopsychology, greatly focuses on this aspect, backed up by a deep understanding of Ancient Wisdom and African Traditional Medicine Systems. Extensive knowledge and training in Herbs & Ethnobotany offered by Translife, plus knowledge of Nutrition, Signs & Symptoms and Iridology, give the practitioner a wide variety of tools to assist in the diagnosing, treatment and prevention of disease as stipulated in the Traditional Healers Act, within the prescribed traditional philosophy of healing.

Our students learn how to 'see' what the client sees in regression. After 20 days of Ethnopsychology training, most of the practitioners can see with open eyes what happened e.g. to the client in the womb, when they made the spiritual contract for this life, or where they resided in spirit world before conception; even higher heavens & beauty.

We trust that you will enjoy your studies with us, and find the combination of tools that you require from the vast amount of subjects presented by our highly professional and experienced, yet compassionate team of lecturers. May you find the bliss & beauty of who you really are!

Terms of reference

Government Gazette, 25 July 2008 No. 31271

The Traditional Health Practitioners Act, 2007 (Act 22, 2007)

and the Draft Policy on African Traditional Medicine for South Africa can be viewed on our website:

www.translife.co.za

Over the past decade or so there has been a proliferation of healers in South Africa. In many cases these healers have not identified themselves in clear terms as to what they actually practice and what remedies are prescribed. Many have not registered with an association and should they wish to do so do not know which association to register with. A cross section of these healers shows that in the main they have primary health care training through various institutions across the country. Many Practitioners are found to be using Iridology, Sclerology, and a host of electronic diagnostic equipment for making an assessment of their clients. The use of herbal remedies is also apparent.

The Associations affiliated to Translife have for the past two decades lobbied for the recognition of Traditional Healing & Ethnomedicines. Through the actions of these self-regulating associations, who took up the challenge of regulating Ethnomedicine & Traditional Herbalists, the membership grew rapidly. From the outset EPASA & TMA aligned under the Traditional Health Practitioners Act of 2007. The directors of Translife attended many meetings and workshops with leading Traditional Organizations and various subject matter experts, which culminated in the drafting of a National Framework to support the Act. We are still very active in SABS standards writing committees and other organizations endeavoring to achieve the same goal. The purpose of having upgrade criteria for member registration is for uniformity in education of TMA & EPASA members. This uniformity in education will have the outcome of predictable service delivery which is of a high standard.

The Associations have the task of presenting each member, with their portfolio of evidence (subjects completed, relevant to the scope of practice.) to Council for review. Over the past few years, many practitioners have submitted their profiles/portfolios, which are displayed at the Department of Health Traditional Medicine resource centre.

WHAT OUR STUDENTS SAY ABOUT OUR COURSES

It was the most amazing life healing experience. Trudie and Mervyn are so full of love, wisdom and light. This has been a course of self-growth and self-understanding. I loved it. Everyone should experience this.

They are the most loving and kind people that I have ever met. Their knowledge on the subject is superb and they are able to answer all questions with confidence.

They are patient and their methods of teaching are excellent with an even balance between theory and practical. The environment that they create is one of safety and non-judgment. I felt wonderfully comfortable and safe at all times. This is a wonderful course that met all my expectations. The course is comfortably paced so that all concepts can be grasped and understood with enough time for questions. I enjoyed the practical sessions. I feel that it was such an important learning experience to see and 'experience' the practicals.

Colette Delezenne.

They have a deep passion for the subject and a huge amount of love and respect for each student. They know the subject matter well, can express themselves clearly & teach with excellent practical examples. I felt welcome and was encouraged to ask questions. Enjoyed the course very much.

Trudie is wonderful to learn from. We should all aspire to her loving, caring and supportive ways. Love to see how Trudie works! She is such a gentle and caring person. She teaches in such a loving way – you really love what you do & love working with all your students.

Peta-Lee Wainer

Very professional, empathetic and knowledgeable. Eager to share their knowledge on a variety of problems and topics. Kindness & love seems to flow from them everywhere. The course is very useful to people who would like to help other people through Hypnosis. Very professionally delivered. Great course for people who would like to become more "spiritual" & in touch with their past. Course should be slightly longer as there is *just so much* information to be processed!

Malindy Rosen

It was a great privilege to be taught by you! I liked the theoretical information and the practical sessions. The revision from time-to-time helped me to keep track of what was done. I believe I have more insight in myself and will have more understanding and empathy for other people. My experience and perception of hypnosis is positive and I know people need to be treated with respect. The part of the course that I enjoyed most was Hypnoanesthesia. I did a lot of introspection without being hard on myself.

Barbara Louw - Gauteng

Mervyn & Trudie are the best! They have more than given 150% and I am deeply grateful for their insight, time and care. I enjoyed Hypnoanalysis - the world of problems of the client can be identified and brought to the fore which includes attachments, entities, past life experiences, vows made and contracts on the spiritual level. Hypnosis is a science, not some stage act which when induced has powerful healing and therapeutic qualities. It commands responsibility by the practitioner and is never to be used for personal purposes of the practitioner. The course opened up a whole new real world to me!

Louise Schomburg - Gauteng

All parts of the course were Wow! I hope to get 10% of Mervyn & Trudie's experience within a 12 month period. I changed emotionally and in life goals. The course opened me to new ideas & I enjoyed the new experiences, which improved my quality.

Gail Gibson - Gauteng

Mervyn & Trudie are very lovely and down to earth. They are able to offer to students with warm hearts. They are just amazing! Hypnosis is the essential adjunct in the world of health to change people. The course will make me the best hypnotherapist; it gave me wisdom and self-confidence to work with people from different religions. I enjoyed the dream analysis most. It was very interesting easy to analyze a dream. I am now positive in life all the time and learnt that we are what we think. People need to know about this course!

Qondile Manana - Swaziland

The course made me grow to my full potential to be a help for others; it broadened my vision and changed my perceptions. What I mostly enjoyed about the course was the teaching on Ancient Wisdom; the 7 planes of existence. Mervyn & Trudie have great hearts!

Sylvia Strydom – Nelspruit

Mervyn and Trudie are excellent trainers. I look up to them and they are more than brilliant. I'm glowing again!

Danielia van Heerden – Nelspruit